

Why Should I Give Blood?

Donating Blood Saves Lives!
Everybody has it. Everybody needs it.

THE NEED



Cancer

8 units of platelets a week



Automobile Accident

50 units of red blood cells



Burns

20 units of platelets



Heart Surgery

6 units of red blood cells
6 units of platelets



Organ Transplant

6 units of red blood cells
30 units of platelets



Thalassemia (Blood Disorder)

1-3 units of red blood cells every 3 weeks for their entire life

THE FACTS

- **Blood Bank of Hawaii** is the sole supplier of blood to all 18 local hospitals
- **There is no substitute** for blood
- **It cannot be produced** in a lab or grown on a farm
- **It has one source... VOLUNTEER DONORS**
- **60% of Hawaii's people** will need blood in their lifetime
- **Only 2% of Hawaii's population** donate
- **About 200 donors** are needed in Hawaii everyday



HERE'S HOW

one hour
six easy steps



Paperwork



Mini-Physical



Confidential Interview



Blood Collection



Rest & Relax



Eat & Replenish

THE NEED



Cancer

8 units of platelets a week



Automobile Accident

50 units of red blood cells



Burns

20 units of platelets



Heart Surgery

6 units of red blood cells
6 units of platelets



Organ Transplant

6 units of red blood cells
30 units of platelets



Thalassemia (Blood Disorder)

1-3 units of red blood cells every 3 weeks for their entire life

THE FACTS

- **Blood Bank of Hawaii** is the sole supplier of blood to all 18 local hospitals
- **There is no substitute** for blood
- **It cannot be produced** in a lab or grown on a farm
- **It has one source... VOLUNTEER DONORS**
- **60% of Hawaii's people** will need blood in their lifetime
- **Only 2% of Hawaii's population** donate
- **About 200 donors** are needed in Hawaii everyday



HERE'S HOW

one hour
six easy steps



Paperwork



Mini-Physical



Confidential Interview



Blood Collection



Rest & Relax



Eat & Replenish



Blood Bank of Hawaii

To make an Appointment
808-848-4770 | BBH.org
follow @bloodbankhawaii



Blood Bank of Hawaii

To make an Appointment
808-848-4770 | BBH.org
follow @bloodbankhawaii